

DECEMBER 2018

Elementary Breakfast Menu

Full Price: \$1.50
Reduced Price: \$0.30

Monday

3
Whole Grain Cereal
Non-Fat Yogurt
Diced Pears
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily!

10
Whole Grain Cereal
Non-Fat Yogurt
Cinnamon Applesauce
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily!

17
Whole Grain Cereal
Non-Fat Yogurt
Mango Wango Juice
Apple Slices
Low-Fat/Non-Fat Milk Daily!

24
No School Today!
Winter Holiday Break!!

31
No School Today!
Winter Holiday Break!!

Happy New Year!

Tuesday

4
French Toast Sticks
Fresh Assorted Fruit Cup
100% Dragon Juice
Low-Fat/Non-Fat Milk Daily!

11
Pumpkin Swirl Roll
(Whole Grain)
Diced Pears
100% Grape Juice
Low-Fat/Non-Fat Milk Daily!

18
Freshly Baked
Cinnamon Chip Muffin
Dragon Juice
Applesauce Cup
Low-Fat/Non-Fat Milk Daily!

25
No School Today!
Winter Holiday Break!!

Happy Holidays!

Wednesday

5
Sausage, Egg & Cheese
on a Whole Wheat Croissant
Strawberry Applesauce
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily!

12
Fresh Fruit & Yogurt
Parfait
with Homemade Granola
Florida Orange Wedges
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily!

19
Egg and Cheese on a
Whole Wheat Bagel
Diced Peaches
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily!

26
No School Today!
Winter Holiday Break!!

Thursday

6
Freshly Baked
Blueberry Muffin
Banana
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily!

13
Freshly Baked
Chocolate Chip Muffin
Fresh Mac Apple
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily!

20
Fresh Fruit & Yogurt
Parfait
with Homemade Granola
Fresh Banana
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily!

27
No School Today!
Winter Holiday Break!!

Friday

7
Whole Grain Banana
Bread Wedge
Fresh Mac Apple
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily!

14
Whole Grain Bagel
WOW Butter Spread
Fresh Banana
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily!

21
Whole Grain Cereal
Whole Grain Assorted Muffins
Fresh Strawberry Cup
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily!

28
No School Today!
Winter Holiday Break!!



Did you know.....?
All of our cereals have 6 grams of sugar or LESS per serving!

ALL MEALS INCLUDE FRESH FAT-FREE FLAVORED OR LOW-FAT WHITE MILK!!

WG = WHOLE GRAIN WW=WHOLE WHEAT

MENU IS SUBJECT TO LAST-MINUTE CHANGE

WE PROUDLY SERVE LOCALLY GROWN FRUITS & VEGETABLES