

Monday

3
Whole Grain Cereal
Non-Fat Yogurt
Strawberry Applesauce
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

10
Whole Grain Cereal
Non-Fat Yogurt
Fresh Orange Wedges
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

17
Whole Grain Cereal
Non-Fat Yogurt
Fresh Bartlett Pear
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

24
No School Today!
Winter Holiday Break!!

31
No School Today!
Winter Holiday Break!!
Happy New Year!

Tuesday

4
Whole Grain French
Toast Sticks
Hash Brown Patty
Orange Wedges
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

11
Freshly Baked
Blueberry Muffin
Seedless Grapes
Cheese Stick
Dragon Juice
Low-Fat/Non-Fat Milk Daily

18
Freshly Baked
Cinnamon Chip Muffin
Strawberry Applesauce
Dragon Juice
Low-Fat/Non-Fat Milk Daily

25
No School Today!
Winter Holiday Break!!
Happy Holidays!

Wednesday

5
Bacon, Egg, Cheese on
a Whole Grain Croissant
Diced Peaches
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

12
Whole Grain Pancakes
w/ Blueberry Topping
Cinnamon Applesauce
100% Fruit Juice
Low Fat/Non-Fat Milk Daily

19
Egg and Cheese
on a Wheat Bagel
Diced Peaches
Raisins
Low Fat/Non-Fat Milk Daily

26
No School Today!
Winter Holiday Break!!

Thursday

6
Fresh Fruit Yogurt
Parfait
Grapefruit Wedges
Teddy Grahams
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

13
Chicken Sausage, Egg
and Cheese on a
WG English Muffin
Fresh Mac Apple
100% Fruit Juice
Low Fat/Non-Fat Milk Daily

20
Fruit Yogurt Parfait
Bunny Grahams
Fresh Banana
100% Fruit Juice
Low Fat/Non-Fat Milk Daily

27
No School Today!
Winter Holiday Break!!

Friday

7
Bagel Bar!!
w/ Choice of Topping
Fresh Banana
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

14
Zucchini Bread
Diced Pears
100% Fruit Juice
Low Fat/Non-Fat Milk Daily

21
Banana Bread Wedge
Mac Apple Slices
100% Fruit Juice
Low Fat/Non-Fat Milk Daily

28
No School Today!
Winter Holiday Break!!

ALL MEALS INCLUDE FRESH FAT-FREE FLAVORED OR LOW-FAT WHITE MILK!!
WG = WHOLE GRAIN WW=WHOLE WHEAT **MENU IS SUBJECT TO LAST-MINUTE CHANGE**
WE PROUDLY SERVE LOCALLY GROWN FRUITS & VEGETABLES

